



Interstate Sleep Apnea Solutions

Why InterstateSAS?

Affordable Sleep Apnea Testing

- We offer home sleep testing at a fraction of the cost of in-lab sleep studies
- Sleep tests are shipped to drivers to complete in the comfort of their own home or sleeper.

Accurate Results

- Clients receive quick, accurate results from a board certified sleep specialist.
- These results can be used to complete the driver's DOT physical.

Driver Support

- We offer our clients complimentary coaching and support to navigate Obstructive Sleep Apnea.
- Our team supports overall driver health and works hard to keep drivers healthy and on the road.



What Can Drivers Expect?

- We offer drivers affordable, accurate and easy-to-use home sleep apnea testing.
- Provide affordable treatment and free coaching for drivers diagnosed with sleep apnea.
- Offer complete support to our clients throughout their testing and treatment, and monitor their compliance daily.
- Provide the documentation required by your Medical Examiner to ensure you retain your medical card.



855-276-3227 (APNEA27)
support@interstatesas.com
www.InterstateSleepApneaSolutions.com
306 S. Main Street Sheridan, IN 46069

Should I Be Tested For Sleep Apnea?

Signs of Sleep Apnea include:

- Daytime sleepiness
- Waking up and not feeling rested
- Trouble concentrating
- Morning or Night Headaches
- Snoring
- Waking up gasping for air
- Being told by others you “stop breathing” during sleep
- Tossing and turning during sleep
- Frequent trips to the bathroom during the night

Risk Factors of Sleep Apnea Include:

- Being Overweight
- Neck Circumference
- Narrowed Airway
- Being Male
- Being Older
- Having a Family History of Sleep Apnea

Complications of Sleep Apnea Include:

- High Blood Pressure or Heart Conditions
- Type 2 Diabetes
- Metabolic Syndrome – High Blood Pressure, Abnormal Cholesterol, Type 2 Diabetes, Increased Waist Circumference



If you have a combination of the above symptoms, risk factors or complications give us a call for a **FREE** consultation!



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